

SUNDAY

9:00 AM - 10:00 AM Sunday Morning Steps, The Hub, 140

Weldon Pkwy, Maryland Heights, MO, 63043 **(O,St,WC)**

10:00 AM - 11:00 AM The Breakfast Club, 204 E Main St, Union, MO, 63084 **(C,BK)**

5:00 PM - 6:00 PM Men In Action, Life Stream Church, 1330 W Main St, Union, MO, 63084 **(C,WC,M)**

5:00 PM - 6:00 PM Serenity NA Sisters, The Freedom Recovery Center, 204 E Main St, Union, MO, 63077 **(O,RF,W,WC)**

6:00 PM - 7:00 PM Grace In Motion, St Francis Apostle Church, 602 Rockwood Arbor Dr, Eureka, MO, 63025 **(O,RF)**

7:00 PM - 8:00 PM Principles Before Personalities, Eden Seminary, Shulz Hall, Suite 3, Door B Non Smoking Facility, 483 E Lockwood, Webster Groves, MO, 63119 **(O,RF,WC)**

7:00 PM - 8:00 PM The Meeting Group, 305 E Springfield Ave, Union, MO, 63084 **(C)**

MONDAY

NOON - 1:00 PM Step by Step, Canaan Land Ministries, 1424 Mill Hill Road, St. Clair, MO, 63077 **(O)**

5:30 PM - 6:30 PM The Meeting Group, 305 E Springfield Ave., Union, MO, 63084 **(O)**

7:00 PM - 8:00 PM Hope Road, Immaculate Conception Catholic Church, 404 S. 1st Street, Owensville, MO, 65066 **(O,RF)**

7:00 PM - 8:00 PM The Thread That Ties Us Together, The Hub, 140 Weldon Parkway, Maryland Heights, MO, 63043 **(O,WC)**

TUESDAY

NOON - 1:00 PM The Meeting Group, 305 East Springfield Ave., Union, MO, 63084 **(O)**

6:30 PM - 7:30 PM We Come in Peace, Parkway Church Of The Nazarene, 1190 Virginia Mines Road, St. Clair, MO, 63077 **(D,O,WC)**

7:00 PM - 8:00 PM Sideroad Recovery, Charette Baptist Church, There will be no meeting on 12/24/24, 16371 State Hwy O, Marthasville, MO, 63357 **(O,RF)**

7:30 PM - 8:30 PM Door To Recovery, Parkway United Church of Christ, Side Door, 2841 N. Ballas Rd., St. Louis, MO, 63131 **(O,BK)**

7:30 PM - 8:30 PM JB Group, VA Building 51, Koch Rd (Last Exit Before IL) 1 Jefferson Barracks Dr, St Louis, MO, 63125 **(O,RF,WC)**

WEDNESDAY

NOON - 1:00 PM The Meeting Group, 305 E Springfield Avenue, Union, MO, 63084 **(O,RF)**

WEDNESDAY (CONT)

6:00 PM - 7:00 PM Daily Maintenance, St John United Church of Christ, Enter on left side of building, 920 E Gravois Ave, St. Clair, MO, 63077 **(O,To)**

7:00 PM - 8:00 PM Another Sunrise, Trinity Lutheran Church, 820 Lockett Rd, Kirkwood, MO, 63122 **(O,WC,BK,ME,CW)**

7:00 PM - 8:00 PM Clean Things, Freedom Recovery Center, Suite E, 1014 W Hwy 28, Owensville, MO, 65066 **(O,RF,WC)**

7:00 PM - 8:00 PM The Meeting Group, 305 East Springfield Ave., Union, MO, 63084 **(O,RF)**

THURSDAY

5:30 PM - 6:30 PM The Meeting Group, 305 East Springfield Ave., Union, MO, 63084 **(O,St,CW)**

7:00 PM - 8:00 PM Get Busy Living, Peace Lutheran Church, Lower Level, 5 Scenic Drive, Washington, MO, 63090 **(O,WC)**

7:00 PM - 8:00 PM Hope Road, Immaculate Conception Catholic Church, 404 S. 1st Street, Owensville, MO, 65066 **(O,RF)**

7:00 PM - 8:00 PM Seeking Recovery, Webster United Methodist Church, 600 N. Bompert, Webster Groves, MO, 63119 **(O,WC)**

FRIDAY

NOON - 1:00 PM Step by Step, Canaan Land Ministries, 1424 Mill Hill Road, St. Clair, MO, 63077 **(O)**

7:00 PM - 8:00 PM Chesterfield NA, St. John's United Church of Christ, Use the side doors to the right of the main entrance, 15370 Olive Blvd, Chesterfield, MO, 63017 **(O,WC,BK)**

7:00 PM - 8:00 PM The Meeting Group, 305 E Springfield Ave., Union, MO, 63084 **(O)**

SATURDAY

4:00 PM - 5:00 PM The Meeting Group, 305 E Springfield Ave., Union, MO, 63084 **(O,To)**

4:30 PM - 6:00 PM Came to Acceptance, Ascension Lutheran Church, At Eichelberger, Enter Main Level, meet in the Concordia Room, 5347 Donovan Ave., St. Louis, MO, 63109 **(O,RF,WC,HY)**

6:00 PM - 7:00 PM Daily Maintenance, St John United Church of Christ, Enter on left side of building, 920 E. Gravois Ave., St. Clair, MO, 63077 **(O,To)**

9:00 PM - 10:30 PM The Meeting Group, 305 E Springfield Ave., Union, MO, 63084 **(C,CL)**

Welcome _____ __Male __Female

Remember - don't use, call us instead. Or just call to talk.

PHONE NUMBERS

Narcotics Anonymous Online Resources

Open Arms Area NA - www.openarmsareana.com

NA World - www.na.org

Virtual NA - www.virtual-na.org

Open Arms Area of Narcotics Anonymous Area Service Committee Info

ASC Meets the 3rd Sunday of every month from 3:00pm to 5:00pm

Central Baptist Church - 601 N. Central Ave. Eureka MO 63025

Hospitals and Institutions Subcommittee meets at 2:00pm prior to ASC

Public Relations Subcommittee meets on Zoom the Thursday evening prior to ASC

Come put some service in your recovery! Lots of opportunities to help build this new Area.



MEETING DIRECTORY July - August 2026

Open Arms Area of Narcotics Anonymous

www.openarmsareana.com

[View current Meeting Directory at: stlna.org](http://stlna.org)



MEETING CODES MEETING FORMAT LEGEND

- | | | |
|---------------------|---------------------------|-----------------------|
| B Beginners | HY Hybrid Meeting | SD Speaker/Discussion |
| BK Book Study | IW It Works - How and Why | SG Step Working Guide |
| BT Basic Text | JT Just for Today | So Speaker Only |
| C Closed | LC Living Clean | St Step |
| CL Candlelight | M Men | To Topic |
| CW Children Welcome | O Open | Tr Tradition |
| D Discussion | RA Restricted Attendance | W Women |